



Swim Team

Remind class code:
pascoswi

Boys Coach Patterson:
bpatters@pasco.k12.fl.us

Girls Coach Fisher:
redheadmom723@yahoo.com

Conditioning workouts: Now - 8/20/20
Mon, Wed, Thurs – 11:30 – 1:30
Weight room drop off, pick up @ gym

Tentative Schedule beginning 8/24,
Lake Jovita pool Mon – Thurs, 6-8 pm
Friday dryland workout 2:30-4:30
Swim Meets Wednesdays @6 pm
schedule TBA